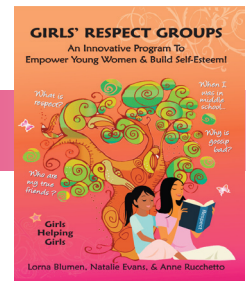


# GIRLS' RESPECT GROUPS

## Press Release

For Immediate Release:



**Respect**, for ourselves and others, drives our important life decisions – the friends we choose, how we approach school & work, the challenges we accept or avoid. Girls' self-respect is under attack from all sides today. Magazines & ads promote unattainable, unhealthy body images. Half-naked women are music video “accessories”. Girls bully each other in school & online, wounding feelings & self-confidence. **How do we keep young women grounded in respect?**

**Girls' Respect Groups: An Innovative Program To Empower Young Women & Build Self-Esteem!** will guide you step-by-step through the 6-week curriculum for **Girls' Respect Groups**, a unique program for middle school girls, led by high school teen girls. Working together, both sets of young women explore how respect can affect the rest of their lives & learn to make choices rooted in self-confidence & self-respect.

### You'll Discover It's Easy To Run A Dynamic GRG Program &

- ☆ **Find & Train Inspiring Teen Girls** To Become Compassionate, Encouraging GRG Teen Leaders
- ☆ **Organize A Great Community Service Project** For Teen Girls
- ☆ **Build A Positive** Community Of Girls Helping Girls

### Who Needs Girls' Respect Groups?

- ☆ **High School Teen Girls** Searching For A Rewarding Volunteer Leadership Experience
- ☆ **Preteen & Middle School Girls** Deserving Healthy, Supportive Friendships
- ☆ **Parents** Raising Self-Confident, Self-Respecting Daughters
- ☆ **Teachers & School Administrators** Building A Respectful School Environment
- ☆ **Mental Health Professionals** Strengthening Girls' Self-Esteem & Decreasing Bullying

**Bring Out The Best In Our Teens & Preteens!**

**Now Available At:**

**amazon.ca**

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**amazon.com**

**Media Professionals:** Please visit [www.GirlsRespectGroups.com](http://www.GirlsRespectGroups.com)!  
or contact Lori Mignone at (416) 248-9410